

Stephanie Zepeda, PhD, LMFT-S

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Conversations Change Everything...

Education:

B.A., Psychology & Biology (Double Major), University of Dallas, Spring 2008
Psychology Qualitative Thesis -

Psychology Quantitative Thesis -
Biology Thesis -

M.A., Marriage & Family Therapy, Saint Mary's University, Summer 2010

Ph.D., Marriage & Family Therapy, with concentration in Applied Neuroscience,
Saint Mary's University, Summer 2014
Dissertation -

License:

Licensed Marriage and Family Therapist in State of Texas #201617 (as of 2010) Accredited MFT Program

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- Fall 2022 to Present: Associate Professor and Program Director
 - Spring 2020 to Present - Assistant Professor and Program Director
 - Fall 2016 to Spring 2020 - Assistant Professor and Clinical Director
 - Summer 2012 to Fall 2016 – Practicum Supervisor, Core Faculty Adjunct Professor (Screening, Brief Intervention, and Referral to Treatment (SBIRT) program integration head

Clinical Experience:

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- Owner of part-time private practice located in Houston, TX
 - Serving couples, families, and individuals with psychotherapy and financial therapy
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 - Study manager for a web-based couples versus individual stress reduction study for participants with lung cancer
 - Responsible clinician for recruiting, consenting, and administering web-based couples therapy intervention for aforementioned study
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Gabel-Zepeda, S., & Gil-Wilkerson (June 2023) Ethics Update.
Houston, TX Oral Presentation.

Gabel-Zepeda, S., Gil-Wilkerson, A., Runaas

TX. Oral Presentation.

Gabel-Zepeda, S & Novian, A. (June 2019)
Life Changing Conversations 2019 Conference. Houston,
TX. Oral Presentation.

Barger, A. & **Gabel-Zepeda, S.** (Feb 2019) Texas
Association of Marriage & Family Therapy 2019 Conference. Austin, TX. Poster
Presentation.

Runaas, C., Edinger, S., Renteria, A, & **Gabel Zepeda, S.** (Feb 2019)
Texas Association of Marriage & Family Therapy 2019 Conference.
Austin, TX. Oral Presentation.

Gabel-Zepeda, S. & Way, A. (April 2018)
Life Changing Conversations 2018 Conference. Houston, TX. Oral Presentation.

Gabel-Zepeda, S. (March, 2018)
. Texas Association of Marriage and Family Therapists
2018 Pre-Conference Presentation. Irving, TX. Oral Presentation.

Gabel-Zepeda, S., & Bohanon, L. (November, 2017)
Texas Psychological Association Conference 2017. Houston, TX. Oral Presentation.

Gabel-Zepeda, S. & Carleton, D. (April, 2017)
Life Changing Conversations 2017 Conference Houston, TX. Oral
Presentation.

Gabel-Zepeda, S. & Bohanon, L. (April, 2017)
. Life Changing Conversations 2017 Conference. Houston, TX. Oral
Presentation.

Edinger, D. S., Runaas, C., Roper, T., Stringer, S., & **Gabel Zepeda, S.** (February, 2017)
Texas Association of
Marriage & Family Therapy 2017 Conference. Austin, TX. Poster Presentation.

Castillo, M., Saldivar, B., Perez, M., Zepeda, J., & **Gabel-Zepeda, S.** (2016)
Justicia Conference. San Antonio, TX. Oral
Presentation.

Gabel Zepeda, S. (2015) Texas Association of
Marriage & Family Therapy 2015 Conference. Austin, TX. Oral Presentation.

Gabel Zepeda, S., Prinsloo., S, Lyle, R., Tubbs, C., Wilkens, N., Garcia, S., Rosenthal, D., &
Cohen, L. (2014)
Society of Integrative Medicine. Houston, TX. Poster
Presentation.

Gabel Zepeda, S., Milbury, K., Ratcliff, C., Chaoul, A., Hall, M., Spelman, A., Wangyal, T., Engle, R., & Cohen, L. (2014).
MD Anderson Survivorship Conference. Poster Presentation.

Gabel Zepeda, S. (2014) Texas Association of Marriage & Family Therapy. Sugarland, TX. Oral Presentation.

Carleton, D., & **Gabel-Zepeda, S.** (2013)
Conversation Fest International Conference. League City, TX. Oral Presentation.

Lyle, R., Prinsloo, S., & **Gabel, S.** (2010)
Texas Association of Marriage & Family Therapy. San Antonio, TX. Oral Presentation.

Gabel, S. (2007).
Southwestern Psychological Association. Fort Worth, TX. Oral Presentation.

Invited Presentations:

Gabel Zepeda, S. (April, 2023)
OLLU Houston Alumni CEU event. Online, Oral Presentation.

Gabel-Zepeda, S. (July, 2022)
Online, Oral Presentation.

Gabel-Zepeda, S., Solorzano, B., Johnathan, N., & Burke, J. (November, 2021).
AAMFT Telehealth & Technology Interest Network.
Online, National Oral Presentation.

Gabel-Zepeda, S. (October, 2021)
AAMFT Telehealth & Technology Interest Network. Online,
National Oral Presentation.

Gabel-Zepeda, S. (May, 2021) . Texas Association of Marriage and Family Therapists CEU event. Online, Oral Presentation.

Gabel-Zepeda, S., Levin, S, & Gil-Wilkerson, A. (May, 2021)
Houston Association of Marriage and Family Therapists CEU event. Online.
Oral Presentation.

Gabel-Zepeda, S. (January, 2021) Connection during Covid. Invited speaker at OLLU Power Hour Series. Oral Presentation.

Gabel-Zepeda, S. (April, 2019) . Houston Association of Marriage and Family Therapists CEU event. Houston, TX. Oral Presentation. ~~Houston Association of Marriage and Family Therapists CEU event. Houston, TX. Oral Presentation.~~

and Family Therapists. Houston, TX

Houston Association of Marriage

Cohen, L. (2019) Exploratory Study of Low Resolution Electromagnetic Tomography (LORETA) Real-Time Z-Score Feedback in the Treatment of Pain in Patients with Head and Neck Cancer. *Journal of Neurophysiology*, 121(2), 283-285

Ratcliff, C.G., Prinsloo, S., Chaoul, A., **Zepeda, S.G.**, Cannon, R., Spelman, A., Yang, W., & Cohen, L. (2018). A randomized controlled trial of brief mindfulness for women undergoing stereotactic breast biopsy. *Journal of Clinical Oncology*, 36(15), 1615-1622.

Prinsloo, S, **Gabel, S**, Data, L., Lyle, R. (2014). Neurofeedback for chemotherapy induced neuropathic symptoms: a case study, *Journal of Neurophysiology*, 111(1), 1-10.

Prinsloo, S., **Gabel, S.**, Lyle, R., & Cohen, L. (2014) Neuromodulation of Cancer Pain. *Journal of Neurophysiology*, 111(1), 30-37.

Levin, S., & **Gabel, S.** (2012). Power and powerful therapeutic relationships. *Journal of Neurophysiology*, 107(1), 1-10.

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Awards and Honors:

- Classics Scholarship Award & Trustee Scholarship Award
- Dean's List: Fall 2003–Spring 2004, Spring 2005, Fall 2006–Spring 2008
- Graduated in Spring 2008
- Psi Chi National Honors Society in Psychology in Spring 2007
- Phi Beta Kappa National Honors Society in Spring 2008

- Dean's List every semester during Masters and Doctoral courses
- Distinguished Master's Graduate: Fall 2010 (Equivalent of)

- Cancer Prevention Fellowship under R25 grant Integrative Medicine Program: Spring & Summer 2011. Research on Neuromodulation and Pain
- Cancer Prevention Fellowship under R25 grant Gynecologic Oncology Program: Summer 2005 & Summer 2006. Research on Rb2 Gene Expression and ovarian neuroblastoma

- Faculty Member: Fall 2014 - present

- Faculty Member: Fall 2017 – present

- Graduate Assistant Award for publication of research: December 2017
- Delta Kappa (MFT honors society) – Sigma Chapter: August 2017
- Agnes M Lehman Gloyna Award for Technology Innovation in Teaching and Learning: 2020

Languages:

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