
Education

Ph.D. Psychology
August, 2012

Kansas State University
Dissertation: Creating Lexical Models: Do Foreign
Language Learning Techniques Affect Lexical
Organization in Fluent Bilinguals?
Advisor: Richard J. Harris, Ph.D.

M.S. Psychology
May, 2008

Kansas State University
Masters Thesis: Contextual effects of varying amounts of
language-mixed text on translation and comprehension by
Monolinguals and Bilinguals
Advisor: Richard J. Harris, Ph.D.

B.A. Psychology
May, 2005

University of Texas at Brownsville
Cum Laude

Professional Teaching & Employment Experience

2023 – Present

**Associate Professor of Psychology
Department of Psychology
Our Lady of the Lake University**

2021 – 2023

Tenured Associate Professor of Leadership Studies
RGV Coordinator (MSOL and Ph.D.)
Department of Leadership Studies
Our Lady of the Lake University

2019 – Present

Assistant Professor & RGV Coordinator (MSOL and
Ph.D.)
Department of Leadership Studies
Our Lady of the Lake University

2015 – 2019

Assistant Professor and RGV Practicum Coordinator
Department of Psychology
Our Lady of the Lake University

2013- 2015

Assistant Professor & Graduate MA Psychology Program
Coordinator – Department of Behavioral Sciences
University of Texas at Brownsville

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| 2010 –2013 | Lecturer, Department of Behavioral Sciences University of Texas at Brownsville |
| 2010 | Coordinator for Institutional Research and Planning University of Texas at Brownsville |
| 2009-2010 | Adjunct Faculty, Department of Behavioral Sciences University of Texas at Brownsville |
| 2005-2009 | Graduate Teaching Assistant, Department of Psychology Kansas State University |

Current Courses Taught (2022 – 2023)

Advanced Research Methods I & II – Quantitative and Qualitative
Advanced Statistics I & II
Ethics in Leadership
Decision Making in Leadership
Applied SPSS
Advanced Research Methods in Education
Graduate Research Methods in Psychology

University Service

Kansas State University, Department of Psychology

Cognitive Science Faculty Search Committee 2006 – 2007
Department Head Chair Search Committee 2006 – 2007
Graduate Association of Psychology Students 2005 – 2010

University of Texas at Brownsville, Department of Behavioral Sciences

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| 2011-2015 | Premedical Education Program Instructor (Ethics and Statistics in Research) |
| 2012- 2015 | Student Learning Outcomes University Committee |
| 2013-2015 | University Graduate Curriculum Committee Member |
| 2013-2015 | College of Liberal Arts Graduate Curriculum Committee Chair |
| 2013-2015 | Department of Behavioral Sciences Graduate Curriculum Committee Chair |
| 2012-2015 | MBRS RISE Undergraduate Research Mentor |
| 2014 | MBRS RISE Committee Member |
| 2014 | A-Prime Time Psychology Instructor |
| 2014 | Inter-Institution Working Group (Behavioral Sciences) – UTRGV |
| 2014 | Inter-Institution Graduate Curriculum Committee Member |

Our Lady of the Lake University, Department of Leadership Studies & Psychology

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| 2015 – 2018 | Graduate Faculty Representative |
| 2016 – 2017 | Undergraduate Catalog Revision Task Force |

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| 2015 – 2019 | Psychology Program Evaluation – RGV Campus |
| 2017 | Faculty Search Committee Outside Member – Leadership Studies Houston |
| 2017 | Search Committee Recruiter – RGV Campus |
| 2017 – 2020 | Hiring Committee – RGV Adjunct Faculty |
| 2017 - 2018 | Strategic Planning Committee - Satellite Presence & Growth Subgroup |
| 2018 | Center for Teaching & Excellence – Course Development |
| 2019 | Psychology Dept. – Training Dr. Deborah Huerta RGV |
| 2019 – Present | Noble Construction Scholarship Selection Committee |
| 2019-2020 | Research and Statistics Course Redesign Group |
| 2019-2020 | Leadership Studies – MSOL and Ph.D. RGV Coordinator |
| 2020 | Faculty Search Committee – Leadership Studies Houston |

External University Professional Service

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|----------------|--|
| 2015 – Present | Advisory Board Member – TSTC Academic Core Advisory Committee |
| 2015 – 2018 | Advisory Board Chair – UTRGV MBRS RISE Advisory Committee |
| 2017 – Present | Advisory Board Chair – Technology Board - Episcopal Day School |
| 2016 – Present | Little Free Library - Charter #53341 |

Journal & Conference Reviewer

PLOS ONE, 2012 – Present
 Educational Psychology 2018 – Present
 Kybernetes 2018 - Present
 Personnel Review 2017 - Present
 The International Leadership Association 2019 – Present
 NeuroQuantology
 Adolescent Psychology
 SAGE Publications
 Language Learning

Conference & Professional Presentations

de la Garza, B., Saucier, D. A., Harris, R. J., & *Chavez, R. L. (2007). Perceptions of Code-switching. 2007 Midwestern Psychological Association Conference, Chicago, Illinois.

de la Garza, B., Saucier, D. A., Harris, & *Steppe, K. A. (2008). Monolinguals' and Bilinguals' Perceptions of Code-switching. 2008 Midwestern Psychological Association Conference, Chicago, Illinois.

de la Garza, B. & Harris, R. J. (2008). Contextual effects of number of foreign words on translation ability. 2008 Midwestern Psychological Association Conference, Chicago, Illinois.

Harris, R. J. & **de la Garza, B.** (2010). Acquiring Foreign Vocabulary Through Linguistic Context: Where Is the Limit to Vocabulary Learning? 2010 Psychonomic Society, St. Louis, Missouri.

*Flores, P., *De Los Santos, J. D., **de la Garza, B.**, & Harris, R. J. (2012). Acquiring Foreign Language Vocabulary Through Linguistic Context. 2012 Southwestern Psychological Association Conference, Oklahoma City, Oklahoma.

de la Garza, B., Harris, R. J., *De Los Santos, J. D., *Flores, P., & *Aguirre, M. (2012). Creating Lexical Models: Do Foreign Language Learning Techniques Affect Lexical Organization? 2012 Association for Psychological Science Conference, Chicago, Illinois.

de la Garza, B., *Garcia, C., & *Garcia, L. (2012). The Effects of the Bilingual Mode on Lexical Access and Comprehension. 2012 Association for Research in Memory, Attention, Decision-Making, Imagery, Language, Learning & Organized Perception, Laredo, Texas.

*Flores, P., **de la Garza, B.**, *Garcia, C., & *Rodriguez, Y. (2012). Does the Frequency of Code-Switching Affect the Perception Towards and Comprehensibility of Code-Switched Text? 2012 Association for Research in Memory, Attention, Decision-Making, Imagery, Language, Learning & Organized Perception, Laredo, Texas.

*Garcia, C. & **de la Garza, B.** (2013). The Bilingual Environment: Factors Affecting Language Performance. 2013 Southwestern Psychological Association Conference, Fort Worth, Texas.

*Serna, J. R. & **de la Garza, B.** (2013). Evaluating the Strength of Lexical Models: Do Language Learning Techniques Affect Organization? 2013 Southwestern Psychological Association Conference, Fort Worth, Texas.

de la Garza, B. (May 2014). Theory Meets Practice: Using Audio And Visual Cues To Predict Bilinguals Performance (Symposium) - The Effects of Codeswitching on Bilingual Lexical Access. 2014 American Psychological Science Conference, San Francisco, California.

Sepielak, K. & **de la Garza, B.** (May 2014). Theory Meets Practice: Using Audio And Visual Cues To Predict Bilinguals Performance (Symposium) - The Effect of Dubbing on Perception towards Characters in Films. 2014 American Psychological Science Conference, San Francisco, California.

*Rodriguez, Y. & **de la Garza, B.** (May 2014). Theory Meets Practice: Using Audio And Visual Cues To Predict Bilinguals Performance (Symposium) - The Effects of Subtitles Use on Movie Perception and Memory Processes. 2014 American Psychological Science Conference, San Francisco, California.

Montoya, J. A., **de la Garza, B.**, & *Ledezma, C. (May 2015). Self-Efficacy is Linked to Management and Leadership Effectiveness in Practicing Dentists (Poster) - 2015 American Psychological Science Conference, New York City, New York.

de la Garza, B. (2017). Psychology Prep for MCAT. University of Texas - Rio Grande Valley. Brownsville, Texas.

de la Garza, B. (2018). How to treat others in professional setting: Customer Service in the workplace. Professional Dental Group, P.A. Brownsville, Texas.

de la Garza, B. (2018). Psychology Prep for MCAT. South Texas Medical Academy. Brownsville, Texas.

de la Garza, B. (2018). Psychology Prep for MCAT. University of Texas - Rio Grande Valley. Brownsville, Texas.

de la Garza, B. (2019). Psychology Prep for MCAT. South Texas Medical Academy. Brownsville, Texas.

de la Garza, B. (2019). Psychology Prep for MCAT. University of Texas - Rio Grande Valley. Brownsville, Texas.

de la Garza, B. (2020). Psychology Prep for MCAT. University of Texas - Rio Grande Valley. Brownsville, Texas.

Gergen, E., **de la Garza, B.**, Sun, Yu, & Green, M. (2020). Best Leadership Practices: A Synthesis of Seminal Large-Scale Studies - 2020 International Conference on Management, Leadership and Business Intelligence.

de la Garza, B. (2020). Teaching Online: How can we help students' learn online. The Episcopal Day School. Brownsville, Texas.

Garza, I, Cox, J, Sadat, B, **De La Garza B** & Chatila K. (2023). #WordsMatter: Patient Perspective on Heart Failure Terminology and Care. J Am Coll Cardiol. Poster Presentation at ACC.23 Annual Scientific Session and Expo. March 2023. New Orleans, LA.

Garza, I, Baliss, M, Nguyen, B, **De La Garza, B** & Chatila, K. (2022). Recognition and Correction of Iron Deficiency in Hospitalized Patients with Heart Failure: A Quality Improvement Study. University of Texas Medical Branch Department of Internal Medicine Quality and Research Forum. April 2022. Galveston, TX

Cox J, Garza, I, Sadat B, **De La Garza B** & Chatila K. (2022). #WordsMatter: Patient Perspective on Heart Failure Terminology and Care. University of Texas Medical Branch 2022 Annual Form on Aging. October 2022. Galveston, TX

* **Denotes Student Co-authors**

Publications & Publications Under Review

de la Garza, B. & Saucier, D. A. Attitudes Towards Code-Switching Individuals: The Need to Create a Measure of Attitudes Towards Bilingualism and Code-switching. *In Preparation.*

de la Garza, B., Saucier, D. A. & Harris, R. J. Foreign Language Vocabulary Acquisition Strategies: A Meta-Analytic Review of the Utility of the Keyword and Context Learning Strategies. *In Preparation.*

Courses Taught

Advanced Statistics I, Our Lady of the Lake University

Statistics in Psychology, Our Lady of the Lake University

Cognitive Psychology, Our Lady of the Lake University

Physiological Psychology, Our Lady of the Lake University

Psychology and Law, Our Lady of the Lake University

Research Design & Procedure, Our Lady of the Lake University

Latino Psychology, Our Lady of the Lake University

Cognition & Emotion, Our Lady of the Lake University

Psychology of Language, Our Lady of the Lake University

Research Methods in Psychology, Our Lady of the Lake University

Experimental Design & Statistics I, Our Lady of the Lake University

Experimental Design & Statistics II, Our Lady of the Lake University

Intermediate Research Design, Our Lady of the Lake University

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Introductory Statistics
Inferential Statistics – Additional Focus on use of SPSS and other Statistical Software
Multivariate Statistics - Additional Focus on use of SPSS and other Statistical Software
Qualitative and Quantitative Research Methods
Ethics in Research and Practice
Cognitive Processes – Focus on Judgment and Decision Making
Test and Measurement – Creation and Evaluation of Surveys and Methodologies
Meta-Analysis
Psychological Measurement

Awards

Kansas State University, Golden Key International Honour Society
Graduate Teaching Assistant of the Year Nominee 2009